# Complete Summary

#### TITLE

Comprehensive diabetes care: percentage of members with diabetes mellitus (type 1 and 2) who had hemoglobin A1c (HbA1c) tested.

# SOURCE(S)

National Committee for Quality Assurance (NCQA). HEDIS 2004. Health plan employer data & information set. Vol. 2, Technical specifications. Washington (DC): National Committee for Quality Assurance (NCQA); 2003. 374 p.

#### Brief Abstract

#### **DESCRIPTION**

This measure assesses the percentage of members 18-75 years with diabetes (Type 1 and 2) who were continuously enrolled during the measurement year and who had hemoglobin A1c (HbA1c) tested.

This measure is a component of a composite measure; it can also be used on its own.

## **RATIONALE**

Effective use of hemoglobin A1c (HbA1c) testing is an important means to mimimize further health risks from diabetes. This measure is consistent with the Diabetes Quality Improvement Project (DQIP) set of measures.

# PRIMARY CLINICAL COMPONENT

Diabetes mellitus; hemoglobin A1c

### DENOMINATOR DESCRIPTION

Members with diabetes (Type 1 and Type 2) age 18 through 75 years as of December 31 of the measurement year who were continuously enrolled during the measurement year (see the related "Denominator Inclusions/Exclusions" field in the Complete Summary)

#### NUMERATOR DESCRIPTION

One (or more) hemoglobin A1c (HbA1c) test(s) conducted during the measurement year identified through administrative data or medical record review

(see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

## Evidence Supporting the Measure

### PRIMARY MEASURE DOMAIN

**Process** 

### SECONDARY MEASURE DOMAIN

Not applicable

## EVIDENCE SUPPORTING THE MEASURE

A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence

A formal consensus procedure involving experts in relevant clinical, methodological, and organizational sciences One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

## **Evidence Supporting Need for the Measure**

### NEED FOR THE MEASURE

Use of this measure to improve performance

#### EVIDENCE SUPPORTING NEED FOR THE MEASURE

National Committee for Quality Assurance (NCQA). The state of health care quality 2003: industry trends and analysis. Washington (DC): National Committee for Quality Assurance (NCQA); 2003. 61 p.

#### State of Use of the Measure

#### STATE OF USE

Current routine use

#### **CURRENT USE**

Accreditation

Decision-making by businesses about health-plan purchasing Decision-making by consumers about health plan/provider choice Internal quality improvement

#### Application of Measure in its Current Use

### CARE SETTING

Managed Care Plans

### PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Measure is not provider specific

#### LOWEST LEVEL OF HEALTH CARE DELLVERY ADDRESSED.

Single Health Care Delivery Organizations

#### TARGET POPULATION AGE

Age 18 through 75 years

### TARGET POPULATION GENDER

Either male or female

### STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

#### Characteristics of the Primary Clinical Component

### INCIDENCE/PREVALENCE

About 16 million persons in the U.S. are estimated to have diabetes mellitus, but only half have been diagnosed. Individuals diagnosed as diabetic are grouped into two main diagnostic categories based on the etiologic nature of their underlying disease. Over 90% are Type 2 diabetics (previously termed non-insulin dependent), with the remainder being Type 1, or insulin-dependent diabetics.

## EVIDENCE FOR INCIDENCE/PREVALENCE

Harris MI. Summary. In: National Diabetes Data Group. Diabetes in America [NIH Pub. No. 95-1468]. 2nd ed. Bethesda (MD): National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases; 1995. p. 1-13.

National Diabetes Information Clearinghouse. Diabetes statistics [NIH Pub. No. 94-3822]. Bethesda (MD): National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK); 1994.

Report of the Expert Committee on the Diagnosis and Classification of Diabetes Mellitus. Diabetes Care 1997 Jul; 20(7): 1183-97. PubMed

### ASSOCIATION WITH VULNERABLE POPULATIONS

### Elderly

### EVIDENCE FOR ASSOCIATION WITH VULNERABLE POPULATIONS

Harris MI. Summary. In: National Diabetes Data Group. Diabetes in America [NIH Pub. No. 95-1468]. 2nd ed. Bethesda (MD): National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases; 1995. p. 1-13.

#### **BURDEN OF ILLNESS**

As a result, diabetes mellitus is the seventh leading cause of death in the U.S., contributing to 160,000 deaths annually and nearly 20% of all deaths in persons over age 25. Complications of diabetes include metabolic abnormalities, micro and macrovascular disorders, blindness, neuropathy and renal insufficiency. Diabetic morbidity produces significantly increased health utilization and disability among those afflicted.

#### EVIDENCE FOR BURDEN OF ILLNESS

American Diabetes Association. Diabetes 1996 vital statistics. Alexandria (VA): American Diabetes Association; 1995.

Harris MI. Summary. In: National Diabetes Data Group. Diabetes in America [NIH Pub. No. 95-1468]. 2nd ed. Bethesda (MD): National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases; 1995. p. 1-13.

## **UTILIZATION**

In 1990, diabetics made 53 million visits to physician offices, another 30 million visits to outpatient clinics and other ambulatory care settings, nearly 2 million visits to emergency departments, and had 11 million telephone contacts.

### EVIDENCE FOR UTILIZATION

American Diabetes Association. Diabetes 1996 vital statistics. Alexandria (VA): American Diabetes Association; 1995.

### **COSTS**

Direct and indirect costs of diabetes have a significant impact on society, especially when lost productivity due to diabetes-related morbidity and mortality is included. The Medical Technology and Practice Patterns Institute estimated the 1992 cost of diabetes in the United States to be \$91.8 billion. This figure includes \$45.2 billion for direct health care costs and \$46.4 billion for indirect costs.

## **EVIDENCE FOR COSTS**

American Diabetes Association. Diabetes 1996 vital statistics. Alexandria (VA): American Diabetes Association; 1995.

## Institute of Medicine National Healthcare Quality Report Categories

**IOM CARE NEED** 

Living with Illness

IOM DOMAIN

Effectiveness

## Data Collection for the Measure

#### CASE FINDING

Users of care only

### DESCRIPTION OF CASE FINDING

Members with diabetes (Type 1 and Type 2) age 18 through 75 years as of December 31 of the measurement year, who were continuously enrolled during the measurement year with no more than one gap in enrollment of up to 45 days during the measurement year

#### DENOMINATOR SAMPLING FRAME

Enrollees or beneficiaries

## DENOMINATOR (INDEX) EVENT

Clinical Condition Encounter Therapeutic Intervention

#### DENOMINATOR INCLUSIONS/EXCLUSIONS

#### Inclusions

Members with diabetes (Type 1 and Type 2) age 18 through 75 years as of December 31 of the measurement year who were continuously enrolled during the measurement year.

Two methods are provided to identify diabetic members--pharmacy data and claims/encounter data. Managed care organizations (MCOs) must use both methods to identify the eligible population. However, a member only needs to be identified in one method to be included in the measure. Members may be identified as having diabetes during the measurement year or the year prior to the measurement year.

Pharmacy data. Those who were dispensed insulin or oral hypoglycemics/antihyperglycemics during the measurement year or the year prior to the measurement year on an ambulatory basis. Refer to the original measure documentation and NCQA's Web site at <a href="https://www.ncga.org">www.ncga.org</a> to identify prescriptions.

Claims/encounter data. Those who had two face-to-face encounters with different dates of service in an ambulatory setting or non-acute inpatient setting or one face-to-face encounter in an acute inpatient or emergency room setting during the measurement year or the year prior to the measurement year with a diagnosis of diabetes. MCOs may count services that occur over both years. Refer to the original measure documentation for International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) codes, Universal Billing 1992 (UB-92) Revenue codes and Current Procedure Terminology (CPT) codes to identify ambulatory or non-acute inpatient and acute inpatient or emergency department (ED) encounters.

#### Exclusions

MCOs should exclude any members with a diagnosis of polycystic ovaries that do not have two face-to-face encounters with the diagnosis of diabetes, in any setting, during the measurement year or year prior to the measurement year.

MCOs should exclude any members with gestational diabetes or steroid-induced diabetes during the measurement year.

#### NUMERATOR INCLUSIONS/EXCLUSIONS

#### Inclusions

One (or more) hemoglobin A1c (HbA1c) test(s) conducted during the measurement year identified through administrative data or medical record review.

Administrative. A claim/encounter with Current Procedure Terminology (CPT) code 83036 (hemoglobin, glycated) or automated laboratory record with a service date during the measurement year.

Medical record. Documentation in the medical record must include at a minimum a note indicating the date the HbA1c test was performed and the result. Managed care organizations (MCOs) may count notation of the following in the medical record:

- glycated hemoglobin
- glycosylated hemoglobin
- A1c
- glycohemoglobin A1c
- HbA1c
- hemoglobin A1c
- HgbA1c.

Exclusions Unspecified

### DENOMINATOR TIME WINDOW

Time window precedes index event

## NUMERATOR TIME WINDOW

Fixed time period

### **DATA SOURCE**

Administrative data Medical record Pharmacy data

### LEVEL OF DETERMINATION OF QUALITY

Individual Case

### PRE-EXISTING INSTRUMENT USED

Unspecified

## Computation of the Measure

## **SCORING**

Rate

# INTERPRETATION OF SCORE

Better quality is associated with a higher score

## ALLOWANCE FOR PATIENT FACTORS

Analysis by subgroup (stratification on patient factors)

## DESCRIPTION OF ALLOWANCE FOR PATIENT FACTORS

This measure requires that separate rates be reported for commercial, Medicare, and Medicaid plans.

## STANDARD OF COMPARISON

External comparison at a point in time External comparison of time trends Internal time comparison

# **Evaluation of Measure Properties**

## EXTENT OF MEASURE TESTING

Unspecified

## Identifying Information

### ORIGINAL TITLE

Comprehensive diabetes care (hemoglobin A1c [HbA1c] tested).

### MEASURE COLLECTION

HEDIS® 2004: Health Plan Employer Data and Information Set

## COMPOSITE MEASURE NAME

Comprehensive diabetes care

### **DEVELOPER**

National Committee for Quality Assurance - Private Nonprofit Organization

## **ADAPTATION**

Measure was not adapted from another source.

### RELEASE DATE

1999 Jan

## **REVISION DATE**

2002 Jan

## **MEASURE STATUS**

This is the current release of the measure.

## SOURCE(S)

National Committee for Quality Assurance (NCQA). HEDIS 2004. Health plan employer data & information set. Vol. 2, Technical specifications. Washington (DC): National Committee for Quality Assurance (NCQA); 2003. 374 p.

### MEASURE AVAILABILITY

The individual measure, "Comprehensive Diabetes Care (Hemoglobin A1c [HbA1c] Tested)," is published in "HEDIS 2004. Health Plan Employer Data & Information Set. Vol. 2, Technical Specifications."

For more information, contact the National Committee for Quality Assurance (NCQA) at 2000 L Street, N.W., Suite 500, Washington, DC 20036; Telephone: 202-955-3500; Fax: 202-955-3599; Web site: <a href="https://www.ncqa.org">www.ncqa.org</a>.

#### NQMC STATUS

This NQMC summary was completed by ECRI on July 18, 2003. The information was verified by the measure developer on August 29, 2003.

### COPYRIGHT STATEMENT

This NQMC summary is based on the original measure, which is subject to the measure developer's copyright restrictions.

For detailed specifications regarding the National Committee on Quality Assurance (NCQA) measures, refer to HEDIS Volume 2: Technical Specifications, available from the NCQA Web site at <a href="https://www.ncqa.org">www.ncqa.org</a>.

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